



Flex Schedule Info. Sheet

Period	Time	Minutes
1	7:25-8:15	50 minutes
2	8:20-9:10	50 minutes
3	9:15-10:05	50 minutes
Lunch / Flex	10:10-11:15 A. 10:10-10:40 B. 10:45-11:15	65 minutes A. 30 mins B. 30 mins
4	11:20-12:10	50 minutes
5	12:15-1:05	50 minutes
6	1:10-2:00	50 minutes



- SLHS has a new bell schedule that divides up student lunch hour into two sections: A and B
- One of the sections will be a Flex session and the other the student Lunch
- During Flex, there will be opportunities for students to participate in a variety of activities ranging from club meetings, support groups, and academic support
- If a teacher believes a student would benefit from academic support, they will schedule them for Flex for “Academic Intervention” (it is mandatory for the student to attend)
- For all other activities, students are required to sign up themselves on StudentVue



Teacher Schedules Students
(for academic intervention)



Students Schedule Themselves
(for all other activities)

- Because of this, a student’s lunch section can change daily because it is determined by what Flex activity they have scheduled that day (example: if a student has Academic Intervention during Flex A, then they have Lunch B)
- If students are mastering standards from all their classes and do not require academic assistance, they are encouraged to participate in enrichment activities

Please see “Student Guide to Flex” on our school website to learn more about Flex and how to sign up for activities!