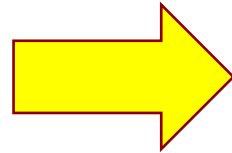




Flex Schedule Parent Guide

New Schedule w/ Flex

- Sierra Linda has a new bell schedule dividing up student lunch hour into two periods
- During this hour, there will be opportunities for students to participate in a variety of activities ranging from club meetings, support groups, and academic support
- This hour is divided up into two sections A and B, both 30 minutes each



Period	Time	Minutes
1	7:25-8:15	50 minutes
2	8:20-9:10	50 minutes
3	9:15-10:05	50 minutes
Lunch / Flex	10:10-11:15 A. 10:10-10:40 B. 10:45-11:15	65 minutes A. 30 mins B. 30 mins
4	11:20-12:10	50 minutes
5	12:15-1:05	50 minutes
6	1:10-2:00	50 minutes

Flex Activities

Academic Interventions

- During academic intervention, students can *monitor* class progress, *conference* with teachers, receive academic support, *revise* assignments, etc.

Enrichment Activities

- Clubs/Sport Team Meetings
- Student Activities (basketball, volleyball, kick-ball, frisbee golf, chess, one acts, poetry readings, yoga, etc.)
- Student Performances and Demonstrations (sketches, open mic, dance, music, cooking demos)
- Support Groups or Activities (mindfulness, etc.)
- Guidance Activities (ECAP, FASFA, registration, college applications, etc.)

Signing Up to Activities

- If a teacher believes a student would benefit from academic support, they will schedule them and it'll show on their StudentVue schedule
- For all other activities, students are required to sign up themselves on StudentVue



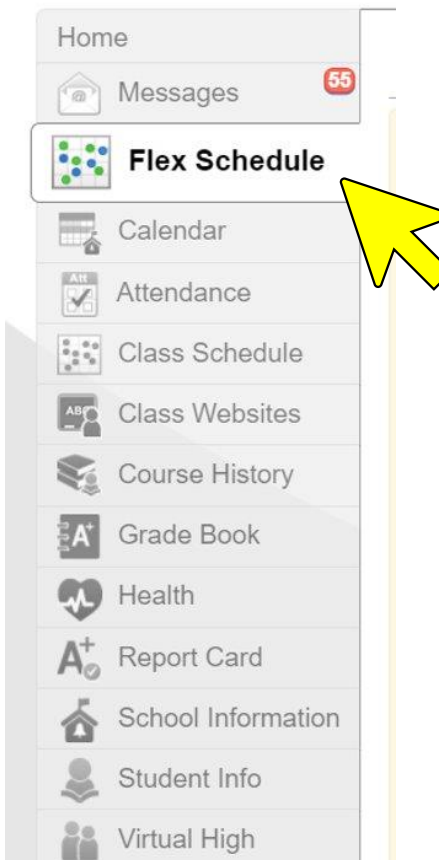
Teacher Schedules Students
(for academic intervention)



Students Schedule Themselves
(for all other activities)

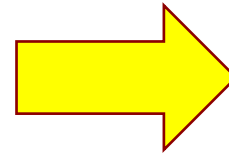
Students Signing Up

- Students can sign up for activities/enrichment by using Flex Schedule in Studentvue and clicking on the teacher sponsoring the activity
- The Flex Period will appear on the student's schedule in StudentVue as period 7



Student Lunch

- Flex is divided up into two sections: A and B
 - One of the sections will be a student's lunch and the other a Flex activity
- A student's lunch section can change daily because it is determined by what Flex activity they have scheduled that day
- If students are passing all their classes and do not require academic assistance, they may attend a one hour lunch
 - However, students encouraged to participate in enrichment activities



Period	Time	Minutes
1	7:25-8:15	50 minutes
2	8:20-9:10	50 minutes
3	9:15-10:05	50 minutes
Lunch / Flex	10:10-11:15 A. 10:10-10:40 B. 10:45-11:15	65 minutes A. 30 mins B. 30 mins
4	11:20-12:10	50 minutes
5	12:15-1:05	50 minutes
6	1:10-2:00	50 minutes

Example:

- On Monday, a teacher assigns you to Flex Section A, then a student's lunch will be Section B
- On Tuesday, a student signs up for a Flex B, then they will have Lunch A

Attending Academic Interventions

- If a student is assigned to Academic Intervention, it is important for them to attend
- If students do not attend, the school will make calls home before the end of the school day (Robocall and/or by actual staff members)
- If students continue not to attend, it could lead to conferences with parents, students, and administration
- If conferences do not work, students would have to make-up Flex Time during afterschool tutoring

Preparing Students for Flex

SLHS August 2021

Preparing Students for Flex Schedule Plan



Mon	Tue	Wed	Thu	Fri	Notes
1 PAWS Schedule PBIS Lesson	17 PAWS Schedule PBIS Lesson	18 Early Release Schedule	19 PAWS Schedule Checking Grades & Progress Monitoring	20 PAWS Schedule Checking/Using Student Email & Digital Safety	From 8/24 to 8/31, you will engage students using the lessons on this PowerPoint slide deck: (LINK HERE)
23 PAWS Schedule Drafting a Professional Email	24 PAWS Schedule Understanding the Flex Schedule	25 PAWS Schedule How Students View Schedule/Preparing for Soft-Launch #1	26 Flex Schedule Soft-Launch #1 (Teacher assigns whole student roster from 5th hour to Flex)	27 PAWS Schedule How Students Sign Up to Flex/Preparing for Soft-Launch #2	<u>IMPORTANT!</u> On Soft-Launch #1, all teachers must schedule all students from their 5th hour.
30 Flex Schedule Soft-Launch #2 (Students sign up to their 5th hour teacher to Flex)	31 PAWS Schedule Assessment and Q&A on Flex	<i>Sept 1</i> Flex Schedule Official Flex Launch			

- Students will learn about the Flex Schedule late August and practice attending/signing up for sessions

Parent Support

Questions to Ask your Child

- Parents encourage your child to check their email DAILY and look up their schedule on StudentVue
- Ask your child questions about his schedule

1. Did a teacher schedule you for academic support during Flex?
2. Did you sign up for any activities during Flex?
3. What lunch section do you have tomorrow?
4. Did you check your schedule for today?



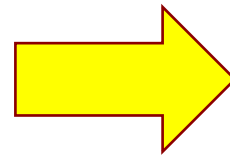


Horario de Flex

Guía para padres

Nuevo horario de Flex

- Sierra Linda tiene un nuevo horario de timbre que divide la hora del almuerzo de los estudiantes en dos períodos
- Durante esta hora, habrá oportunidades para que los estudiantes participen en una variedad de actividades, como reuniones de clubes, grupos de apoyo y apoyo académico
- Esta hora se divide en dos secciones A y B, de 30 minutos cada una



Período	Tiempo	Minutos
1	7:25-8:15	50 minutos
2	8:20-9:10	50 minutos
3	9:15-10:05	50 minutos
Almuerzo / Flex	10:10-11:15 A. 10:10-10:40 B. 10:45-11:15	65 minutos A. 30 mins B. 30 mins
4	11:20-12:10	50 minutos
5	12:15-1:05	50 minutos
6	1:10-2:00	50 minutos

Actividades de Flex

Intervenciones académicas

- Durante la intervención académica, los estudiantes pueden monitorear el progreso de las clases, reunirse con los maestros para conferencias, recibir apoyo académico, revisar tareas, y más

Actividades de enriquecimiento

- Reuniones de clubes / equipos deportivos
- Actividades estudiantiles (baloncesto, voleibol, kick-ball, frisbee, lectura de poesía, yoga, y más)
- Actuaciones y demostraciones de los estudiantes (danza, música, demostraciones de cocina, y más)
- Grupos de apoyo o actividades
- Actividades de orientación (ECAP, FASFA, registro, solicitudes universitarias, y más)

Registrándose para actividades

- Si un maestro cree que un estudiante se beneficiaría de la tutoría, lo programará y se mostrará en su horario de StudentVue
- Para todas las demás actividades, los estudiantes deben registrarse ellos mismos en StudentVue



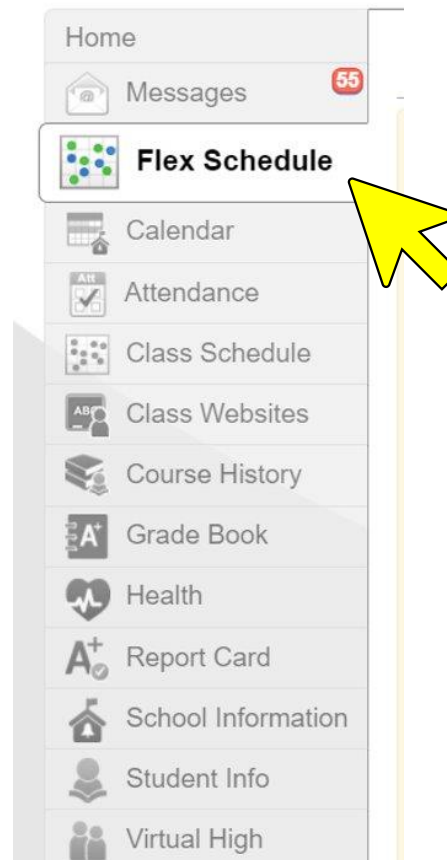
Maestros programan a los estudiantes
(para intervención académica)



Los estudiantes se programan ellos mismos
(para todas las demás actividades)

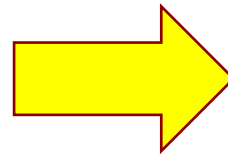
Estudiantes pueden registrarse

- Los estudiantes pueden inscribirse en actividades / enriquecimiento en Studentvue y haciendo clic en el maestro que da la actividad
- El período flexible aparecerá en el horario del estudiante en StudentVue como período 7



Almuerzo para estudiantes

- Flex se divide en dos secciones: A y B
 - Una de las secciones será el almuerzo de un estudiante y la otra una actividad Flex
- La sección de almuerzo de un estudiante puede cambiar a diario porque está determinada por la actividad Flex del día
- Si los estudiantes están pasando todas sus clases y no requieren asistencia académica, pueden asistir a una hora de almuerzo
 - Sin embargo, la escuela anima a los estudiantes a participar en actividades de enriquecimiento



Período	Tiempo	Minutos
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5	12:15-1:05	50 minutos
6	1:10-2:00	50 minutos

Ejemplo:

- El lunes, un maestro le asigna a Flex Sección A, luego el almuerzo de un estudiante será la Sección B
- El martes, un estudiante se inscribe para un Flex B, entonces su almuerzo es Sección A

Asistir a intervenciones académicas

- Si un estudiante es asignado a Intervención Académica, es importante que asista la clase
- Si los estudiantes no asisten, la escuela hará llamadas a casa antes del final del día escolar (Robocal y / o por miembros de administración)
- Si los estudiantes continúan sin asistir, habrá conferencias con los padres, los estudiantes y la administración
- Si las conferencias no funcionan, los estudiantes tendrían que recuperar el tiempo flexible durante la tutoría después de clases

Preparando a los estudiantes

- Los estudiantes aprenderán sobre el horario Flex a fines de agosto y practicarán la asistencia / registro a las sesiones

SLHS August 2021

Preparing Students for Flex Schedule



Mon	Tue	Wed	Thu	Fri	Notes
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Cómo los padres pueden apoyar

Preguntas para hacerle a su hijo

- Padres, animan a su hijo a que revise su correo electrónico **DIARIAMENTE** y busque su horario en StudentVue
- Hágale preguntas a su hijo sobre su horario

1. ¿Te programo un maestro para apoyo académico durante Flex?
2. ¿Te inscribiste en alguna actividad durante Flex?
3. ¿Qué sección de almuerzo tienes mañana?
4. ¿Revisó su horario para hoy?

