



**SIERRA LINDA
CLASS OF 2026**



BE PROFESSIONAL

Know your
School Counselor



Who is my counselor?



- Mrs. Martin

Last name begins with A-M
gina.martin@tuhsd.org

- Ms. Torres

Last Names N-Z

Students receiving Special Services
kristeena.torres@tuhsd.org



- Mrs. Alcantar

Students receiving ELL Services
melissa.alcantar.@tuhsd.org



Freshmen ECAP Spring 2022

Objectives for Today

- Understand required classes & credits
- How to read your transcript
- How to make up failed classes
- Summer Opportunities
- Explore future career options



EXPECTATIONS:



- Please put away Ear Buds
 - Pay Attention



- You will need your cell you can leave it out



FRESHMEN ECAP



Why do we do ECAP?

Share one thing you learned last semester during ECAP, who remembers?



FRESHMEN ECAP SEMESTER 1 RECAP

- Discussed credits needed to graduate
- Discussed credits needed at the end of freshmen year
- Reviewed graduation requirement box
- Why grades are important -Sophomore Opportunities
West-Mec & ACE



WHAT DOES ECAP STAND FOR?

- **E**DUCATION
- **C**AREER
- **A**CTION
- **P**LAN



Semester Grades Vs. Quarter Grades

Semester 1- Ends in December

1 st Quarter	2 nd Quarter
August -October	October - December

Semester 2 -Ends in May

3 rd Quarter	4 th Quarter
January - March	March - May

You earn credit in December and May



HOW MANY CREDITS DO I NEED TO GRADUATE?

TUHSD Graduation Requirements	Credits Needed
English	4
Math	4
Science	3
Social Studies	3
Wellness	1
Fine Arts/Career and Technical Education	1
Electives (Foreign Language?)	6
Total Needed	22

*****You must pass the Civics exam in order to graduate*****



WHAT CREDITS DO I NEED TO BE ADMITTED TO AZ UNIVERSITIES?

Needed GPA at least 3.0 or above to apply to a 4-year university

AZ University Requirements	Credits Needed
English	4
Math	4
Science	3
Social Studies	3
Wellness	0
Fine Arts/Career and Technical Education	1
Foreign Language	2



HOW DO CREDITS WORK?

- Each course is worth .5 credit per semester
- You take 6 courses per semester which equals 3.0 credits
- You have two semesters per year, which equals 6.0 credits
- You are in high school for 4 years, which equals 24 credits
- $.5 \times 6 = 3.0$ per semester
- $3 \times 2 = 6.0$ per year
- $6 \times 4 = 24.0$ for all four years



▪ ******Remember******

- **Any Core Required Classes That You FAIL MUST be Retaken**



HOW TO READ & UNDERSTAND THE GRADUATION REQUIREMENT BOX

GPA: grade point average (A=4pts, B=3pts, C=2pts, D=1 pt, F=Opts)

(<http://gpacalculator.net/high-school-gpa-calculator>)

WIP: work in progress

Req'd: required courses to graduate

Comp: completed credits

Needed: how many credits are still needed to graduate

Weighted GPA: grade point average

WITH honors course points added

Unweighted GPA: grade point

average **WITHOUT** honors course points

Graduation Requirements - Credit Summary				
Subject Area	Req'd	Comp	WIP	Needed
English	4.00	0.50	0.50	3.00
Mathematics	4.00	0.50	0.50	3.00
Science	3.00	0.50	0.50	2.00
World History & Geogra	1.00	0.00		1.00
U.S./Az History & Geog	1.00	0.00		1.00
U.S./Az Government	0.50	0.00		0.50
Economics	0.50	0.00		0.50
Wellness or R.O.T.C.	1.00	0.50	0.50	
Fine Arts/CTE	1.00	0.50	0.50	
Electives	6.00	0.50	0.50	5.00
TOTALS	22.00	3.00	3.00	16.00

Graduation Requirements - Test History	
Test Name	Result
CIVICS	Not Taken
SAT	Not Taken



GPA BOX AREA

Reiew your GPA Box and see what your GPA is as of now.

Is this student eligible for university with this GPA.....

GPA SUMMARY			
<u>Academic</u>		<u>Total</u>	
Academic Course	2.00	Total Course	2.00
Enter Date 08/04/2021		Ranked By Total	
Class Rank 240 out of 435		Graduation Date	
Class of 2025			



IS THIS STUDENT ON TRACK???

**GPA: GRADE
POINT
AVERAGE**

Crs ID	Course Title	Mark	Cred Cmp	Abs 1
Sierra Linda High School				
Yr: 2021		Term: S1	Grade: 09	
3001	FRESH ENG 1	D	0.50 /	5
4009	ALG I 1	C	0.50 /	6
4563	Con Phy Sci 1	C	0.50 /	5
8015	HEALTH	C	0.50 /	5
8911	CTE Coding Fund 1	B	0.50 /	14
9111	Student Skills for Transiti	C	0.50 /	6

Cred Cmp: 3.00 GPA: 2.00

Work In Progress				
Sierra Linda High School				
Yr: 2021		Term: S2	Grade: 09	
3002	FRESH ENG 2		0.00	
3453	CREATIVE WRITING		0.00	
4010	ALG I 2		0.00	
4564	Con Phy Sci 2		0.00	
8016	PE		0.00	
9112	Student Skills for Trans 2		0.00	

Cred Cmp: GPA:

Graduation Requirements - Credit Summary				
Subject Area	Req'd	Comp	WIP	Needed
English	4.00	0.50	0.50	3.00
Mathematics	4.00	0.50	0.50	3.00
Science	3.00	0.50	0.50	2.00
World History & Geogra	1.00	0.00		1.00
U.S./Az History & Geog	1.00	0.00		1.00
U.S./Az Government	0.50	0.00		0.50
Economics	0.50	0.00		0.50
Wellness or R.O.T.C.	1.00	0.50	0.50	
Fine Arts/CTE	1.00	0.50		0.50
Electives	6.00	0.50	1.00	4.50
TOTALS	22.00	3.00	3.00	16.00

Graduation Requirements - Test History				

**WIP: - Work in
Progress**



IS THIS STUDENT ON TRACK???

**GPA: GRADE
POINT AVERAGE**

Crs ID	Course Title	Mark	Cred Cmp	Abs 1
Sierra Linda High School				
Yr: 2021		Term: S1	Grade: 09	
3001	FRESH ENG 1	F	0.00 / 12	
3030	READING INTENSIVE	F	0.00 / 11	
3614	CERAMICS 1	D	0.50 / 12	
4009	ALG I 1	F	0.00 / 10	
4531	BIOLOGY 1	F	0.00 / 15	
8015	HEALTH	F	0.00 / 11	
Cred Cmp: 0.50			GPA: 0.17	
Work In Progress				
Sierra Linda High School				
Yr: 2021		Term: S2	Grade: 09	
3002	FRESH ENG 2		0.00	
3031	READING INTENSIVE 2		0.00	
3615	CERAMICS 2		0.00	
4010	ALG I 2		0.00	
4532	BIOLOGY 2		0.00	
8016	PE		0.00	
Cred Cmp:			GPA:	
Graduation Requirements - Credit Summary				
Subject Area	Req'd	Comp	WIP	Needed
English	4.00	0.00	0.50	3.50
Mathematics	4.00	0.00	0.50	3.50
Science	3.00	0.00	0.50	2.50
World History & Geogra	1.00	0.00		1.00
U.S./Az History & Geog	1.00	0.00		1.00
U.S./Az Government	0.50	0.00		0.50
Economics	0.50	0.00		0.50
Wellness or R.O.T.C.	1.00	0.00	0.50	0.50
Fine Arts/CTE	1.00	0.50	0.50	
Electives	6.00	0.00	0.50	5.50
TOTALS	22.00	0.50	3.00	18.50
Graduation Requirements - Test History				
Test Name	Result			
CIVICS	Not Taken			

**WIP:
Work in
Progress**



GRADUATION REQUIREMENTS CHECKLIST

Let's go over check list of required credits.



TUHSD GRADUATION REQUIREMENTS CHECKLIST

TUHSD Guidance, September 2015

Student Name: _____ ID: _____ Advisor: _____

1. DID THE STUDENT TRANSFER FROM A NON-DISTRICT OR OUT OF STATE SCHOOL? Yes No

2. CORE CLASSES REQUIRED FOR GRADUATION: 16

English: 4			Math: 4			Science: 3			Social Studies: 3			PE or ROTC: 1		
Course Name	Credit Req'd	Grade Earned	Course Name	Credit Req'd	Grade Earned	Course Name	Credit Req'd	Grade Earned	Course Name	Credit Req'd	Grade Earned	Course Name	Credit Req'd	Grade Earned
Fresh Eng 1	0.5	Fresh	Alg I	0.5	Fresh	Bio	0.5	Fresh	World HVG 1	0.5	Senior Soph	PE or ROTC	0.5	Fresh
Fresh Eng 2	0.5	Fresh	Alg I 2	0.5	Fresh		0.5	Fresh	World HVG 2	0.5	Senior Soph	Health or ROTC	0.5	Fresh
Soph Eng 1	0.5	Junior Soph	Geom 1	0.5	Junior Soph		0.5	Junior Soph	USVAZ HVG 1	0.5	Senior Junior Soph	CTE or Fine Arts: 1*		
Soph Eng 2	0.5	Junior Soph	Geom 2	0.5	Junior Soph	Look at options	0.5	Junior Soph	USVAZ HVG 2	0.5	Senior Junior Soph	CTE -OR- FA 1	0.5	
Junior Eng 1	0.5	Junior Soph	Alg II	0.5	Junior Soph		0.5	Junior Soph	Econ	0.5	Senior Junior Soph	CTE -OR- FA 2	0.5	
Junior Eng 2	0.5	Junior Soph	Alg II 2	0.5	Junior Soph		0.5	Junior Soph	Gov't	0.5	Senior Junior Soph	SAT		/1600
Senior Eng 1	0.5	Senior Soph	4 th Math	0.5	Senior Soph							ACT		/36
Senior Eng 2	0.5	Senior Soph	4 th Math	0.5	Senior Soph							*University Admission Requirement NOT REQUIRED FOR GRADUATION but needed for university admission		

any year

3. ELECTIVE CLASSES REQUIRED FOR GRADUATION: 6

Course Name	Credit Req'd	Grade Earned	Course Name	Credit Req'd	Grade Earned
Foreign Lang 2* Spanish	0.5		Foreign Lang 2* Spanish	0.5	
Foreign Lang 3* Spanish	0.5		Foreign Lang 4* Spanish	0.5	
	0.5			0.5	
	0.5			0.5	
	0.5			0.5	

University Bound

Your Elective Plan

4. TOTAL CREDITS EARNED SUMMARY: 22

Grade	Semester 1	Semester 2	Notes:
9			ECAP Y N
10			ECAP Y N
11			ECAP Y N
12			ECAP Y N
Total Credits**			**MUST EQUAL 22 by end of S2 in 12 th Grade

Keep track of credits

5. SEMESTER REVIEW DOCUMENTATION:

what are you interested in (career/job)?



English: 4			Math: 4			Science: 3			Social Studies: 3			PE or ROTC: 1		
Course Name	Credit Req'd	Grade Earned	Course Name	Credit Req'd	Grade Earned	Course Name	Credit Req'd	Grade Earned	Course Name	Credit Req'd	Grade Earned	Course Name	Credit Req'd	Grade Earned
Frosh Eng 1	0.5	Fresh	Alg I 1	0.5	Fresh	Bio	0.5	Fresh	World H/G 1	0.5	Fresh	PE or ROTC	0.5	Fresh
Frosh Eng 2	0.5	Fresh	Alg I 2	0.5	Fresh	Bio	0.5	Fresh	World H/G 2	0.5	Fresh	Health or ROTC	0.5	Fresh
Soph Eng 1	0.5	Soph	Geom 1	0.5	Soph	Look at options	0.5	Soph	US/AZ H/G 1	0.5	Junior	CTE or Fine Arts: 1*		
Soph Eng 2	0.5	Soph	Geom 2	0.5	Soph	Look at options	0.5	Soph	US/AZ H/G 2	0.5	Junior	CTE -OR- FA 1	0.5	
Junior Eng 1	0.5	Junior	Alg II 1	0.5	Junior	Look at options	0.5	Junior	Econ	0.5	Senior	CTE -OR- FA 2	0.5	
Junior Eng 2	0.5	Junior	Alg II 2	0.5	Junior	Look at options	0.5	Junior	Gov't	0.5	Senior	SAT	_____/1600	
Senior Eng 1	0.5	Senior	4 th Math	0.5	Senior							ACT Comp	_____/36	
Senior Eng 2	0.5	Senior	4 th Math	0.5	Senior				*University Admission Requirement NOT REQUIRED FOR GRADUATION but needed for university admission					

7 years

3. ELECTIVE CLASSES REQUIRED FOR GRADUATION: 6

4. TOTAL CREDITS EARNED SUMMARY: 22



University Board

Course Name	Credit Req'd	Grade Earned	Course Name	Credit Req'd	Grade Earned
Foreign Lang 1* Spanish	0.5		Foreign Lang 2* Spanish	0.5	
Foreign Lang 3* Spanish	0.5		Foreign Lang 4* Spanish	0.5	
	0.5			0.5	
				0.5	
	0.5			0.5	
	0.5			0.5	

Your Elective Plan

Grade	Semester 1	Semester 2	Notes:
9			ECAP Y N
10			ECAP Y N
11			ECAP Y N
12			ECAP Y N
Total Credits**			**MUST EQUAL 22 by end of S2 in 12 th Grade

Keep track of credits

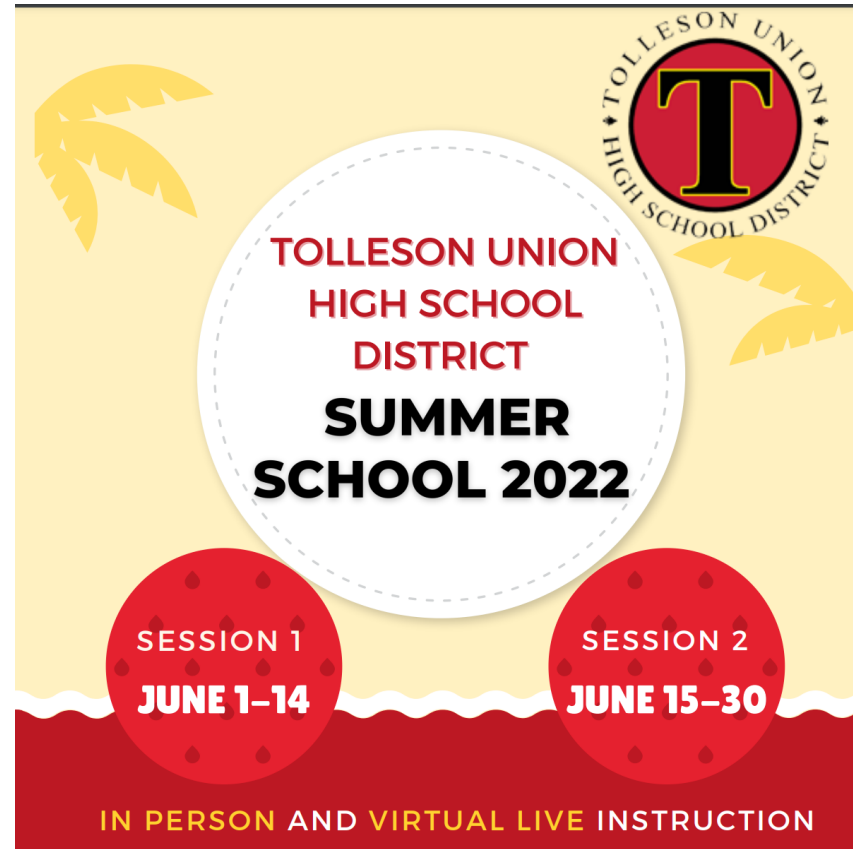
5. SEMESTER REVIEW DOCUMENTATION:

what are you interested in (career/job)?

Now write in your grades from Semester 1



WHAT HAPPENS IF I HAVE FAILED A REQUIRED COURSE??



A promotional poster for Tolleson Union High School District Summer School 2022. The poster has a yellow background with a red border at the bottom. In the top right corner is the school's logo, a red circle with a white 'T' and the text 'TOLLESON UNION HIGH SCHOOL DISTRICT'. The center features a white dashed circle containing the text 'TOLLESON UNION HIGH SCHOOL DISTRICT SUMMER SCHOOL 2022'. Below this are two red circles with white text: 'SESSION 1 JUNE 1-14' and 'SESSION 2 JUNE 15-30'. At the bottom, it says 'IN PERSON AND VIRTUAL LIVE INSTRUCTION'. There are also yellow palm tree icons on the left and right sides.

TOLLESON UNION
HIGH SCHOOL DISTRICT

TOLLESON UNION
HIGH SCHOOL DISTRICT
SUMMER
SCHOOL 2022

SESSION 1
JUNE 1-14

SESSION 2
JUNE 15-30

IN PERSON AND VIRTUAL LIVE INSTRUCTION



SUMMER SCHOOL

- Where: Sierra Linda High School
- Students will only be able to take 2 classes & earn 1 credit this summer
 - Days: Mon-Thurs (Yay! 3-Day weekends!)
- When: June 1-June 30th



HOW TO SIGN UP

- Parent/Guardian registers student from ParentVue
- How do I find my needed class?- Save this transcript or Log into StudentVue and go to course history



SUMMER OPPORTUNITIES



Barrett Summer Scholars

is a summer enrichment program for academically talented and motivated students entering 8th, 9th, 10th and 11th grade in Fall 2022. Students participate in a Critical Thinking or Human Event course and an elective of their choice, taught by university professors or staff, to prepare them for enrollment and success at ASU and Barrett, the Honors College. Barrett Summer Scholars will be offered in both an in-person or virtual setting.

Eligibility

Enrolled in 8th, 9th, 10th or 11th grade during the 2022–2023 school year.

The César E. Chávez Leadership Institute

is a high-energy leadership program at Arizona State University for rising juniors and seniors from Arizona. For one-week, selected students participate in workshops and activities exploring higher education, leadership development and community engagement – all within a collaborative peer environment.

Eligibility

Enrolled in 11th or 12th grade during the 2022–2023 school year.

Cost and Fees

Program is free to selected students

INSPIRE is a no-cost, week-long, college readiness program for American Indian high school students from Tribal Nations in Arizona. Students will participate in programming focused on academic and personal success through culturally relevant, project-based learning while connecting with ASU American Indian students, staff and faculty.

Eligibility

Enrolled in high school during the 2022–2023 school year.

Cost and Fees

Program is free to selected students

RISE Summer Leadership Institute

is a five-day leadership and college readiness program for 8th-12th grade students that celebrates and continues the legacy of Black and African American Sun Devils at Arizona State University. The institute gives students the tools to continue as leaders in their schools and communities. Participants will learn about public service from the community and alumni, but will receive resources that will help them navigate the college-going process.

Eligibility

Enrolled in 8th, 9th, 10th, 11th, or 12th grade during the 2022–2023



NORTHERN ARIZONA UNIVERSITY



JOIN US FOR OUR FREE SUMMER CAMP!

LUMBERJACK LEADERSHIP SUMMIT

Stay on campus & learn what university life is about
Participate in hands-on STEAM activities
Learn more about yourself and make new friends

**IN-PERSON JUNE 5-10, 2022 | NAU MOUNTAIN CAMPUS
FLAGSTAFF, AZ**

VIRTUAL JUNE 5-8, 2022 | VIA ZOOM

TO APPLY VISIT [IN.NAU.EDU/GEAR-UP/SUMMER/](https://in.nau.edu/gear-up/summer/)



CAREER CLUSTER ACTIVITY

- It is never too early to plan for your future goals.
- What can you do today to make sure you're ready for tomorrow?
- This career cluster activity is a great starting point.
- Identify your skills and interests and then explore some suitable careers that you may enjoy.



CAREER CLUSTER ACTIVITY

- What is ME3 & how can it help you?

Let's watch a short video



ME3 CAREER CLUSTER

- Now it's your turn!
- Scan the QR Code to get started

Or type in link below

- <https://me3.careers/asu/landing>





SURVEY

Please be PROFESSIONAL use the QR code to take the survey. Scan QR Code or go to website link

<https://forms.office.com/r/iY5gVgT0KF>



HANG IN THERE.....
FRESHMEN YEAR IS ALMOST DONE

