

The background features abstract, overlapping geometric shapes in various shades of blue, primarily on the right side, creating a modern and dynamic feel. The central text is set against a plain white background.

JUNIOR ECAP
ACT IS FOR WINNERS

WHO IS MY COUNSELOR?

- Mrs. Sanders Last name begins with A - F
- Mrs. Alcantar Last name begins with G - N & ELL Services
- Mr. Outcalt Last name begins with O - Z
- Ms. Torres Students receiving Special Services

Come visit us at Counselor Corner during both lunches! You can also email us your questions!!!

- | | | |
|--------------|-----------|----------------------------|
| Mr. Outcalt | Monday | Chadrick.outcalt@tuhsd.org |
| Ms. Alcantar | Tuesday | Melissa.alcantar@tuhsd.org |
| Ms. Torres | Wednesday | Kristeena.torres@tuhsd.org |
| Mrs. Martin | Thursday | Gina.martin@tuhsd.org |
| Mrs. Sanders | Friday | Joely.sanders@tuhsd.org |



ECAP

What does it stand for? What is it?

- Plan High School Courses - 4 Year Plan and Beyond
- Career Assessments - to find out what you are interested in
- Resume - Academic Resume - if you do not have work experience
- Document Extracurricular Activities - Clubs, Athletics, Outside involvement
- Record Awards and Achievements - Most Improved, Officer of club, Team Captain, Honor Roll
- Write down and Review Career Goal - Example: "I want to become a History Teacher"
- Write down and Record a Post High School Educational Goal - Example: "I need to attend ASU Teachers College to become a History Teacher"
- Parent Review - Talk to you parents about your plans
- Take a College Readiness Test - Study and Register for PSAT, ACT or SAT
- Review Admission Requirements/Majors of Universities/Colleges/Tech Schools - Look up college websites for requirements, ask teachers about college pathway
- Create a Financial Plan - Free Application for Federal Aid, Savings Account, Job
- Attend a College and Career Fair - TUHSD College and Career Fair -Oct. 24th @ Copper Canyon HS

These are the requirements of ECAP.

A completed ECAP is needed for all students to graduate!

ECAP

#1. GRADUATE!

What is your plan after high school?

- University
- Community College
- Technical School
- Military
- Work

Maybe you need to ASK yourself a few ?????

- What are the steps I have been taking to start making my plan a reality?
- What do I need to do right now to help me with my plan?

TUHSD GRADUATION REQUIREMENTS

TUHSD Graduation Requirements	Credits Needed
English	4
Math	4
Science	3
Social Studies	3
Wellness	1
Fine Arts/Career and Technical Education	1
Electives (Foreign Language?)	6
Total Needed	22

You must pass the Civics test in order to graduate!

Benefits of taking the PSAT - Practice SAT College Entrance Exam Test on Oct. 24

- Gives you an idea how you will do on the SAT or ACT (SAT and ACT are tests that can be used to get you admitted to colleges and universities)
- Helps you prepare for the SAT and ACT
- SAT and ACT scores can help you qualify for scholarships
- *Very* high SAT and ACT scores can cover *all* college costs!

Benefits of taking the PSAT - National Merit Scholarship Program

- **Your NMSC Selection Index tells you your chances of qualifying for the National Merit Scholarship Program**
 - **The highest possible index score is a 228**
 - **National Merit Scholars are awarded *very* generous scholarships to universities across the nation; mostly full tuition and all costs are covered if you make it to the semifinalist level or above**
 - **Semifinalists announced in September of senior year**
 - **Finalists announced in February**
 - **March – June winners announced**

Why take the ASVAB - Armed Service Vocational Aptitude Battery Test

ASVAB – WHAT? AND WHY?

The ASVAB can be a useful test to take if you're trying to plan out your future career. It can give you insightful information on the careers that would be best suited for you. The military ASVAB can also prepare you for enlistment.

WHY SHOULD I TAKE IT?

GET TO KNOW YOURSELF BETTER.

Knowing who you are and what you are passionate about can make all the difference in your success (both academic and occupational). Before you make decisions about what to do after high school, it is important that you spend time thinking about your interests, values, talents, and abilities. Grades and test scores are only part of the picture. When making career plans, you should have a good understanding of what you do well, what you like to do, what your goals are, and what kind of lifestyle you prefer.

SKILLS

Identifying your skills and abilities can help you find occupations in which you are likely to be successful.

INTERESTS

Knowing what really interests you is key to finding a satisfying career.

WORK VALUES

Understanding what you value about a job is important when exploring various occupations and planning for your future.

ACT- College Entrance Exam

- ❖ All Juniors will take the ACT on April 2nd for FREE!
- ❖ Study ACT Practice Tests @
 - ✓ Practice program- www.act.org/academy
 - ✓ ACT Edgenuity Classes- Online Practice
 - ✓ VT-ACT 2016 Mathematics
 - ✓ VT-ACT 2016 Reading
 - ✓ VT-ACT 2016 Science
- ❖ Prep Now, it's around the corner!

Why is the ACT Important??

- ❖ ACT scores may be used for Admission for most Universities, like UA, ASU, and NAU
- ❖ ACT Score of a 22 or better gets you into an "AZ" University
- ❖ A high ACT score means "lots of Scholarship \$"
- ❖ Most university admissions will look at your ACT Scores from Junior Year
- ❖ Bubble schools of interest when you take the ACT so your scores will be sent to those schools
- ❖ You can re-take the ACT in the summer of Jr to Sr Year or in your Sr Year for a higher score.
- ❖ DON'T BLOW IT OFF!! 😊

In-State Scholarships Awards based on GPA & ACT Score



THE UNIVERSITY OF ARIZONA

ACT Based College Scholarships

ACT Score

		32-36	30-31	28-29	26-27	24-25	22-23	No or Lower Test Score
<i>GPA</i>	4.00+	\$12,000	\$11,000	\$10,000	\$8,500	\$8,500	\$6,000	\$5,000
	3.75-3.99	\$12,000	\$10,000	\$9,000	\$8,000	\$6,000	\$5,000	\$4,000
	3.5-3.749	\$10,000	\$10,000	\$8,500	\$6,000	\$6,000	\$5,000	\$3,000
	3.25-3.49	\$9,000	\$9,000	\$8,000	\$6,000	\$4,000	\$4,000	\$0
	3.0-3.249	\$8,000	\$7,000	\$6,000	\$4,000	\$3,000	\$3,000	\$0

NORTHERN ARIZONA UNIVERSITY 

<i>GPA</i>	<i>ACT Score</i>	<i>Award</i>
4.0-3.5	At least 19	\$7,000
3.0-3.49	At least 19	\$4,000

In-State Scholarships Awards based on GPA & ACT Score

		ACT Score																				
		16	17	18	19	20	21	22	23	24	25	26	27	28	29	30	31	32	33	34	35	36
GPA	1.6																					A
	1.7																					A
	1.8																					A
	1.9																				A	A
	2.0																		A	A	U	U
	2.1																	A	A	U	U	D
	2.2																	A	A	U	D	D
	2.3																	A	A	U	D	D
	2.4																A	A	U	U	D	D
	2.5															A	A	U	U	D	D	D
	2.6														A	A	U	U	D	D	D	P
	2.7													A	A	A	U	D	D	D	D	P
	2.8												A	A	A	U	D	D	D	D	P	P
	2.9											A	A	A	U	D	D	D	D	D	P	P
	3.0										A	A	A	U	D	D	D	D	D	P	P	P
	3.1									A	A	A	U	D	D	D	D	D	P	P	P	Pr
	3.2									A	A	U	U	D	D	D	D	D	P	P	P	Pr
	3.3								A	A	U	U	D	D	D	D	D	P	P	P	Pr	Pr
	3.4							A	A	U	U	D	D	D	D	D	P	P	P	P	Pr	Pr
	3.5					A	A	U	U	D	D	D	D	D	D	P	P	P	P	Pr	Pr	Pr
3.6				A	A	A	U	D	D	D	D	D	D	P	P	P	P	Pr	Pr	Pr	Pr	
3.7				A	A	U	D	D	D	D	D	D	P	P	P	P	Pr	Pr	Pr	Pr	Pr	
3.8			A	A	U	U	D	D	D	D	D	P	P	P	P	Pr	Pr	Pr	Pr	Pr	Pr	
3.9		A	A	U	U	D	D	D	D	P	P	P	P	Pr	Pr	Pr	Pr	Pr	Pr	Pr	Pr	
4.0	A	A	U	U	D	D	D	D	P	P	P	P	Pr	Pr	Pr	Pr	Pr	Pr	Pr	Pr	Pr	



President's Award (Pr) = \$10,000;
 Provost's Award (P) = \$8,000;
 Dean's Award (D) = \$6,000;
 University Award (U) = \$3,000;
 Achievement Award (A) = \$2,000
 (Enrollment at Downtown Phoenix, Polytechnic, Tempe or West campus)

ARE YOU A “HANDS ON” LEARNER?

West-MEC

Career & Technical Ed.

THEN CONSIDER . . .

What is it?

- It is a unique public school district that focuses on hands-on learning, leadership development training and industry certification to help prepare today's students for tomorrow's careers
- Available to CURRENT SLHS Sophomores & Juniors

WEST-MEC requirements to apply

RIGHT STUDENT, RIGHT PROGRAM - MUST BE ON TRACK TO GRADUATE

Timeline:

- ▶ 2 year programs - apply in your sophomore year - you will begin classes your junior year
- ▶ Most 1 year programs - apply in your junior year - you will begin classes your senior year

Most program requirements:

- ▶ You will need at least 1 credit of English with "C" or better
- ▶ You will need at least 1 credit of Algebra I or higher with "C" or better
- ▶ You will need at least 1 credit of Lab Science with "C" or better
- ▶ There may be lots of physical demands depending on the program
- ▶ Immunizations need to be up to date for certain programs
- ▶ Partner programs may have additional requirements (placement scores @ CC) and cost a bit more due to they are offered at the community college and you are treated as a community college student

WEST-MEC - 2 YEAR PROGRAMS

CURRENT SOPHOMORES

MAY APPLY (Jrs may apply but may have to pay additional costs)

- ▶ Aviation Maintenance - Additional Program Costs - \$525
- ▶ Avionics/Drone Electronics - \$125
- ▶ Law, Public Safety & Security - \$125
- ▶ Precision Machining - \$125
- ▶ Welding Technology - \$125
- ▶ Coding - \$125
- ▶ Energy & Industrial Tech - \$175
- ▶ IT security - \$125
- ▶ Medical Assisting - \$125
- ▶ Automotive Collision Technology - \$125
- ▶ Automotive Technology - \$125
- ▶ Medium/Heavy Diesel Technology - \$125
- ▶ Veterinary Sciences - \$125
- ▶ Cosmetology - \$1,225
- ▶ Hairstyling - \$1,025
- ▶ Welding Technology - \$250
- ▶ Dental Assisting - \$125

WEST-MEC - 1 YEAR AND PARTNER PROGRAMS

CURRENT JUNIORS MAY APPLY

1 Year Programs

- ▶ General Construction Technology \$125
- ▶ Medical Assisting \$125
- ▶ Pharmacy Technician \$125
- ▶ Air Conditioning Technician \$125
- ▶ Electrical trade \$125
- ▶ Veterinary Sciences \$125
- ▶ Physical Therapy Technician \$125

Partner Programs - Community College

- Aesthetics @ Gateway CC 1year
- Fire Science @ Glendale CC 1year
- Emergency Medical Tech @ GWCC (1 sem)
- Massage Therapy @ Gateway CC 1year
- Cosmetology @ Gateway CC 2year

WEST-MEC - WHAT NEXT

- ▶ West-MEC Application Portal Is Open NOW
- ▶ Go to www.West-MEC.org for deadlines/specifics/costs/application
- ▶ Sign up with Mrs. Sanders (counselor) for more information-she is at lunches on Friday.

ATTENTION 9TH, 10TH AND 11TH GRADE STUDENTS!

You will be selecting your courses for next year in November!

PLEASE Attend our
ANNUAL ELECTIVE FAIR
during both lunches
On November 2nd

To help you make good choices on your electives, take a look at the TUHSD Academic Course Guide @ tuhsd.org, click on Departments → Curriculum & Instruction and the Course Guide is on the right side of the page

IMPORTANT DATES TO REMEMBER

- **ASVAB- MONDAY, OCTOBER 15TH**
- **PSAT- WEDNESDAY, OCTOBER 24TH**
 - ❖ **For students who signed up to take the test**
 - ❖ **9 seats still availability for \$16, please pay in the bookstore ASAP)**
- **TUHSD COLLEGE AND CAREER FAIR- WEDNESDAY, OCTOBER 24TH @ COPPER CANYON HIGH SCHOOL FROM 6:00-8:00PM**
- **ACT College Entrance Exam- April 2nd**