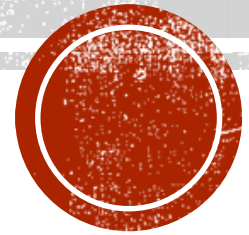


SENIOR ECAP

August 30, 2018



WHO IS MY COUNSELOR?

Mrs. Sanders

Last name begins with **A – F**

Mrs. Alcantar

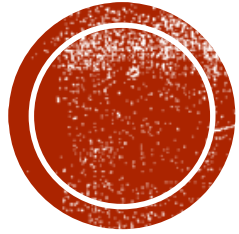
Last name begins with **G – N & ELL Services**

Mr. Outcalt

Last name begins with **O – Z**

Ms. Torres

Students receiving Special Services



**Come visit us at Counselor Corner during both lunches!
You can also email us your questions!!!**

Mr. Outcalt

Monday

Chadrick.outcalt@tuhsd.org

Ms. Alcantar

Tuesday

Melissa.alcantar@tuhsd.org

Ms. Torres

Wednesday

Kristeena.torres@tuhsd.org

Mrs. Martin

Thursday

Gina.martin@tuhsd.org

Mrs. Sanders


Friday

Joely.sanders@tuhsd.org



ECAP

What does it stand for? What is it?

- 
- Plan High School Courses – **4 Year Plan and Beyond**
 - Career Assessments – **to find out what you are interested in**
 - Resume – **Academic if you do not have work experience**
 - Document Extracurricular Activities – **Clubs, Athletics, Outside involvement**
 - Record Awards and Achievements – **Most Improved, Officer**
 - Write down and Review Career Goal – **Become a History Teacher**
 - Write down and Record a Post High School Educational Goal – **Attend ASU Teachers College**
 - Parent Review – **Talk to you parents about your plans**
 - Take a College Readiness Test – **Study and Register for ACT or SAT**
 - Review Admission Requirements of Universities/Colleges/Tech Schools - **Apply**
 - Create a Financial Plan – **FAFSA, Savings Account, Job**
 - Attend a College and Career Fair – **TUHSD College and Career Fair –Oct. 24th @ CCHS**

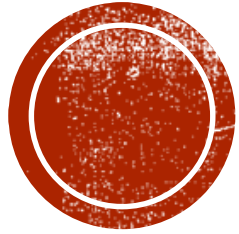
These are the requirements of ECAP.

A completed ECAP is needed for all students to graduate!

ECAP

What is your plan?

- University
- Community College
- Technical School
- Military
- Work

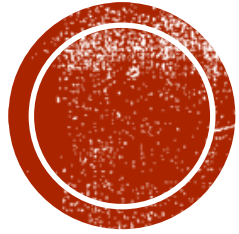


#1. GRADUATE!

Maybe you need to ASK yourself a few ??????

- What are the steps I have been taking to start making my plan a reality?
- What do I need to do right now to help me with my plan?

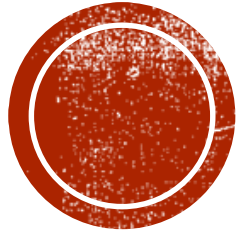
TUHSD GRADUATION REQUIREMENTS



TUHSD Graduation Requirements	Credits Needed
English	4
Math	4
Science	3
Social Studies	3
Wellness	1
Fine Arts/Career and Technical Education	1
Electives (Foreign Language?)	6
Total Needed	22

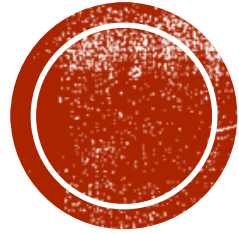
You must pass the Civics test in order to graduate!

IS THIS STUDENT ON TRACK FOR GRADUATION?



Crs ID	Course Title	Mark	Cred	Cmp	Abs 1	Crs ID	Course Title	Mark	Cred	Cmp	Abs 1	Crs ID	Course Title	Mark	Cred	Cmp	Abs 1	
Sierra Linda High School						Sierra Linda High School						Sierra Linda High School						
Yr: 2013	Term: SS	Grade: 08				Yr: 2015	Term: S2	Grade: 10				Yr: 2017	Term: S1	Grade: 12				
4009	INTG ALG I 1	P	0.50			3102	SOPH ENG 2	B	0.50			9627	REL TIME P1			0.00		
4010	INTG ALG I 2	P	0.50			3615	CERAMICS 2	B	0.50			Cred Cmp:		GPA:				
			Cred Cmp: 1.00	GPA: 0.00		4142	ALG II 2	B	0.50			Sierra Linda High School						
Out of District						4528	GEOLOGY 2	B	0.50			Yr: 2017	Term: S2	Grade: 12				
Yr: 2014	Term: S1	Grade: 09				5122	SPANISH 2	A	0.50			3422	SENIOR ENG 2			0.00		
0100	FNDCRSTFTH	B	0.50			8022	ADV PE 2	A	0.50			4182	AP CALC AB 2			0.00		
0100	FRESH SERV	P	0.50			Cred Cmp: 3.00			GPA: 3.33			7250	ECON			0.00		
3001	INTLIT COMP	B	0.50			Sierra Linda High School						8034	WGT TRAIN 2			0.00		
3873	BASIC MUSIC	A	0.50			Yr: 2016	Term: S1	Grade: 11				9626	REL TIME P2			0.00		
4023	GEOMETRY	A	0.50			3200	JUNIOR ENG 1	C	0.50			9628	REL TIME P1			0.00		
4515	PHY SCI	B	0.50			4171	PRE-CALC 1	A	0.50			Cred Cmp:		GPA:				
7021	GEOG/HIST	B	0.50			4583	BIO 3 HUMAN ANAT/P	B	0.50			Graduation Requirements - Credit Summary						
8013	PE HEALTH	A	0.50			5123	SPANISH 3	A	0.50			Subject Area	Req'd	Comp	WIP	Needed		
			Cred Cmp: 4.00	GPA: 3.43		7031	US AZ HIST/GEOG 1	A	0.50			English	4.00	3.00	1.00			
Out of District						8033	WGT TRAIN 1	A	0.50			Mathematics	4.00	4.00				
Yr: 2014	Term: S2	Grade: 09				Cred Cmp: 3.00			GPA: 3.67			Science	3.00	3.00				
0101	FRESH SERV	P	0.50			Sierra Linda High School						World History & Geogra	1.00	1.00				
0101	FNDCRSTFTH	B	0.50			Yr: 2016	Term: S2	Grade: 11				U.S./Az History & Geog	1.00	1.00				
3002	INTLIT COMP	B	0.50			3201	JUNIOR ENG 2	D	0.50	/ 8	U.S./Az Government	0.50	0.00	0.50				
3874	BASIC MUSIC	A	0.50			4172	PRE-CALC 2	A	0.50	/ 7	Economics	0.50	0.00	0.50				
4024	GEOMETRY	B	0.50			4584	BIO 4 HUMAN ANAT/P	D	0.50	/ 4	Wellness or R.O.T.C.	1.00	1.00					
4516	PHY SCI	B	0.50			5124	SPANISH 4	A	0.50	/ 6	Fine Arts/CTE	1.00	1.00					
7022	GEOG/HIST	B	0.50			7032	US AZ HIST/GEOG 2	B	0.50	/ 14	Electives	6.00	7.00	2.00				
8014	PE HEALTH	A	0.50			8034	WGT TRAIN 2	A	0.50	/ 9	TOTALS	22.00	21.00	4.00	0.00			
			Cred Cmp: 4.00	GPA: 3.29		Cred Cmp: 3.00			GPA: 3.00			Graduation Requirements - Test History						
Sierra Linda High School						Work In Progress						Sierra Linda High School						
Yr: 2015	Term: S1	Grade: 10				Sierra Linda High School						Test Name	Result					
3101	SOPH ENG 1	A	0.50			Yr: 2017	Term: S1	Grade: 12				CIVICS	Passed					
3614	CERAMICS 1	A	0.50			3421	SENIOR ENG 1			0.00								
4141	ALG II 1	A	0.50			4181	AP CALC AB 1			0.00								
4527	GEOLOGY 1	A	0.50			7200	US/AZ GOVT			0.00								
5121	SPANISH 1	A	0.50			8033	WGT TRAIN 1			0.00								
8021	ADV PE 1	A	0.50			9625	REL TIME P2			0.00								
			Cred Cmp: 3.00	GPA: 4.00		Continued on next column...												

HOW ABOUT THIS STUDENT?

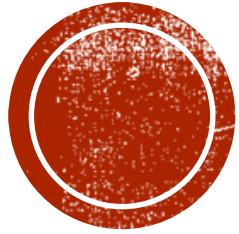


Crs ID	Course Title	Mark	Cred Cmp	Abs 1	Crs ID	Course Title	Mark	Cred Cmp	Abs 1	Crs ID	Course Title	Mark	Cred Cmp	Abs 1	
Sierra Linda High School					Sierra Linda High School					Sierra Linda High School					
Yr: 2014 Term: S1 Grade: 09					Yr: 2015 Term: S2 Grade: 10					Yr: 2017 Term: S1 Grade: 12					
R 3001	FRESH ENG 1	F	0.00		3468	THEATRE 2	D	0.50		3815	MOD DANCE 3		0.00		
3034	RDG IMPR III 1	C	0.50		R 4010	ALG I 2	F	0.00		4118	FINANCIAL ALG 1		0.00		
4009	INTG ALG I 1	C	0.50		4024	GEOM 2	D	0.50		4141	ALG II 1		0.00		
R 4531	BIOLOGY 1	F	0.00		4584	BIO 4 HUMAN ANAT/P	B	0.50		7200	US AZ GOVT		0.00		
5131	NAT SPANISH 1	B	0.50		7022	WLD HST & GEOG 2	D	0.50		Cred Cmp:		GPA:			
8013	WELLNESS HEALTH	C	0.50		Cred Cmp: 2.50		GPA: 1.60		Sierra Linda High School						
Cred Cmp: 2.00		GPA: 2.25		Sierra Linda High School					Yr: 2017 Term: S2 Grade: 12						
Sierra Linda High School					Yr: 2015 Term: S3 Grade: 10					3422 SENIOR ENG 2 0.00					
Yr: 2014 Term: S2 Grade: 09					4010 ALG I 2 B 0.50					3816 MOD DANCE 4 0.00					
3002	FRESH ENG 2	D	0.50		4023	GEOM 1	B	0.50		Cred Cmp:		GPA:			
3035	RDG IMPR III 2	D	0.50		Cred Cmp: 1.00		GPA: 3.00		4119 FINANCIAL ALG 2 0.00						
R 4010	INTG ALG I 2	F	0.00		Sierra Linda High School					4142 ALG II 2 0.00					
4532	BIOLOGY 2	D	0.50		Yr: 2016 Term: S1 Grade: 11					7250 ECON 0.00					
5132	NAT SPANISH 2	C	0.50		3200 JUNIOR ENG 1 F 0.00					Cred Cmp:					
8014	WELLNESS ACTIVITY	B	0.50		3456 STAGE PROD 1 D 0.50					GPA:					
Cred Cmp: 2.50		GPA: 1.60		3813 MOD DANCE 1 D 0.50					Graduation Requirements - Credit Summary						
La Joya Community High School					4141 ALG II 1 F 0.00					Subject Area					
Yr: 2014 Term: S3 Grade: 09					4527 GEOLOGY 1 D 0.50					Req'd					
3001	FRESH ENG 1	C	0.50		7031 US AZ HIST/GEOG 1 F 0.00					Comp					
4531	BIOLOGY 1	B	0.50		Cred Cmp: 1.50		GPA: 0.50		WIP						
Cred Cmp: 1.00		GPA: 2.50		Sierra Linda High School					Needed						
Sierra Linda High School					Yr: 2016 Term: S2 Grade: 11					English					
Yr: 2015 Term: S1 Grade: 10					3201 JUNIOR ENG 2 D 0.50 / 4					4.00					
3101	SOPH ENG 1	F	0.00		3457 STAGE PROD 2 F 0.00 / 5					2.00					
3467	THEATRE 1	C	0.50		3814 MOD DANCE 2 B 0.50 / 4					2.00					
R 4023	GEOM 1	F	0.00		4142 ALG II 2 F 0.00 / 9					3.00					
4583	BIO 3 HUMAN ANAT/P	D	0.50		4528 GEOLOGY 2 D 0.50 / 5					3.00					
5560	EARLY CHILD 1	D	0.50		7032 US AZ HIST/GEOG 2 C 0.50 / 3					1.00					
7021	WLD HIST & GEOG 1	D	0.50		Cred Cmp: 2.00		GPA: 1.17		1.00						
Cred Cmp: 2.00		GPA: 1.00		Work In Progress					1.00						
Sierra Linda High School					Sierra Linda High School					U.S./Az History & Geog 1.00 0.50 0.50					
Yr: 2015 Term: S2 Grade: 10					Yr: 2017 Term: S1 Grade: 12					U.S./Az Government 0.50 0.00 0.50					
3102	SOPH ENG 2	C	0.50		3421 SENIOR ENG 1 0.00					Economics 0.50 0.00 0.50					
Cred Cmp: 2.00		GPA: 1.00		Cred Cmp: 2.00					GPA: 1.17		Wellness or R.O.T.C. 1.00 1.00				
Sierra Linda High School					Sierra Linda High School					Fine Arts/CTE 1.00 1.00					
Yr: 2015 Term: S2 Grade: 10					Yr: 2017 Term: S1 Grade: 12					Electives 6.00 4.00 1.00					
3102	SOPH ENG 2	C	0.50		Cred Cmp: 2.00		GPA: 1.17		TOTALS 22.00 14.50 5.00 2.50						
Cred Cmp: 2.00		GPA: 1.00		Work In Progress					Graduation Requirements - Test History						
Sierra Linda High School					Sierra Linda High School					Test Name					
Yr: 2015 Term: S2 Grade: 10					Yr: 2017 Term: S1 Grade: 12					Result					
3102	SOPH ENG 2	C	0.50		3421 SENIOR ENG 1 0.00					CVICS					
Cred Cmp: 2.00		GPA: 1.00		Cred Cmp: 2.00					GPA: 1.17		Passed				

Continued on next column...

Continued on next column...

WHAT IF I AM NOT ON TRACK FOR GRADUATION?



You will need to make up any class that is required for graduation.

Ways to make up credit

- Credit Retrieval Program (CRP) – NEW- 9th hour class (every 6 weeks)
- CEA – Continuing Education Academy – Referral Needed by counselor
- Attend a different school? Can I graduate on time if I stay at Sierra Linda?

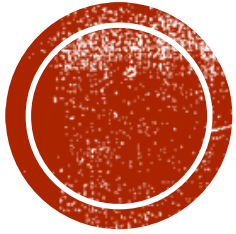
ECAP OPTIONS.

Work – What do I need to complete/do to get a good job after graduation?

- Resume – experience, awards, attributes
- Interview – practice with someone, dress appropriately
- What are the hours? Do I have to work evenings, weekends, holidays?
- Can I make enough money to support myself now? In 5 years? In 10 years?
- Can I be promoted? Is there opportunity to move up the ladder?

Military – What do I need to do now to join the military?

- What branch of the military is best for me? Do your research, talk to the recruiters on campus or at their recruiting centers in the mall
- ASVAB test – Sign up basis for Seniors. Schedule with your recruiter.
- What are the benefits for me to join the military?



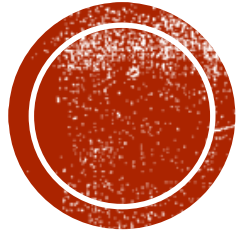
ECAP OPTIONS . . .

Technical/Vocational School

- What are the admission requirements?
- HOW MUCH DOES IT COST?
- Will I be certified in the area of study when I am finished?
- Can I get a job in my area when I am finished? Or will I have to move?

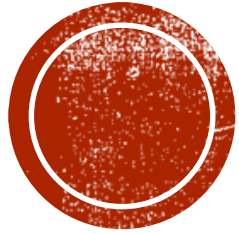
Community College- <https://www.maricopa.edu/>

- Admission is easy – graduate from an accredited high school – Sierra Linda!
- Can apply at ANY time during your senior year
- Lower costs to attend than a university
- Lots of programs of study and locations
- May earn transfer credits, an associates degree, or certification
- <https://www.maricopa.edu/>



ECAP OPTIONS. . . .

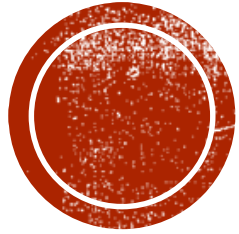
University – ASU, NAU and UA



- 16 Core Classes – See hand out
- One of the following
 - Top 25% of class
 - 3.00 Core GPA (Unweighted GPA, A = 4.00)
 - ACT – 22
 - SAT – 1120

How do I figure out my Core GPA? – Use your transcript to fill in blanks.

GPA AND CLASS RANK



GPA SUMMARY			
<u>Academic</u>		<u>Total</u>	
Academic Course	3.79	Total Course	4.38
Enter Date 02/10/2015		Ranked By Total	
Class Rank 7 out of 438		Graduation Date	
Class of 2018			

What is the difference between the Academic GPA and the Total GPA?

Which one do universities look at?

HOW DO I CALCULATE MY GPA?

➤ Unweighted GPA

- A = 4.00
- B = 3.00
- C = 2.00
- D = 1.00
- F = 0.00

➤ Weighted GPA

- A = 5.00
- B = 4.00
- C = 3.00
- D = 1.00
- F = 0.00

➤ No extra points for Ds and Fs in advanced classes

GPA CALCULATOR

<http://gpacalculator.net/high-school-gpa-calculator/>

Add up all your points and divide by the number of classes you have taken. That's your GPA.

For University Admissions – only calculate the 16 CORE Courses – 4 English, 4 Math, 3 Science, 2 Social Studies (US Hist), 2 World Language, 1 Fine Arts or CTE course.

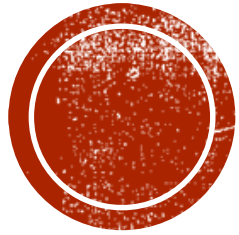


APPLYING & COLLEGE VISITS

- The 3 Public (1 Private) Universities – APPLY NOW
University of Arizona – **Sept 5 – 2nd Hour**
Northern Arizona University – **Sept 7 – 6th Hour**
Arizona State University – **Sept 11 – 3rd Hour**
Grand Canyon University – **Sept 18 – 2nd Hour**

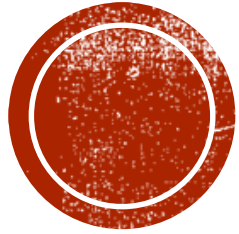
- Maricopa Community Colleges – APPLY NOW till END OF SR YEAR

<https://my.maricopa.edu>



ECAP SENIOR YEAR – DAY 2/3 TOPICS

SAT/ACT Tests – Sign up to take these tests NOW for scholarship consideration or for admission.



Admissions Process – ONLINE APPLICATIONS to Universities/Community Colleges/Tech Schools.

FAFSA – Apply for FSA ID# - Opens October 1st

Scholarship Process – Go through different scholarship websites and what is needed to apply

TUHSD College and Career Fair

Wednesday, October 24th

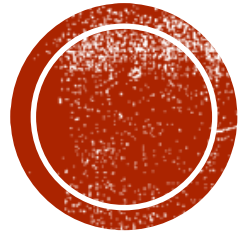
@ Copper Canyon High School

6:00 – 8:00 pm

WANT TO BE IN THE KNOW?

Sign up for Remind

Important Reminders will be sent via text messages about:



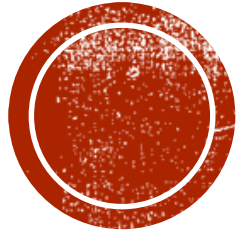
- Scholarships
- Visits from representatives from University, Community College, Technical Schools, Military
- Important events
- Workshops

➤ To receive these messages text:

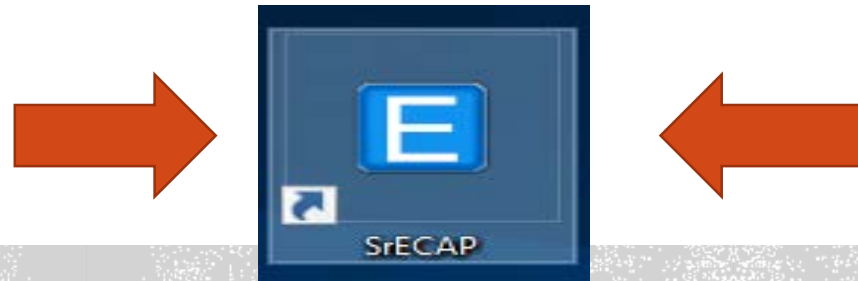
@slhsAZ to 81010

Standard text message rates do apply.

NOW PLEASE COMPLETE YOUR SENIOR SURVEY



1) Go to your desktop on your computer and Click on the ECAP logo and begin.



2) Your answers will be used to assist you in your final ECAP decisions.